

# Bellan™ Movement Xperience (BMX) Itinerary

## Spring 2012

(Spring Season Classes begin January 9 and end June 1)

	Monday	Tuesday	Wednesday	Thursday	Sunday
Evening					
4:30-5:30	<b>Ballet Fusion</b> (Pre-School)	<b>Ballet</b> (Youth) <i>Coming Soon</i>	<b>Jazz Fusion</b> (Pre-School)	<b>Jazz</b> (Youth) <i>Coming Soon</i>	
6:00-7:00		<b>Contemporary</b> (Apprentice)	<b>Ballet</b> (Apprentice)	<b>Jazz</b> (Apprentice)	<b>Salsa Latin Rhythms</b>
7:15-8:15	<b>Ballet</b> (Open)	<b>Funk Fusion</b>	<b>Contemporary</b> (Open)	<b>Jazz</b> (Open)	
8:30-9:30	<b>DanceBody</b>	<b>Bellatin Fusion</b>	<b>DanceBody</b>	<b>Bellatin Fusion</b>	

### Important Bellan Performance Centre Information:

- During the day, the Centre is open by appointment only. Otherwise, the Centre is open 20 minutes before the start of any class. If you need information immediately, email us at [info@bellanarts.org](mailto:info@bellanarts.org).
- To review the current *Xperience Itinerary* and/or to take an experience (class), visit <https://clients.mindbodyonline.com/ASP/home.asp?studioid=5575> or [www.bellanarts.org](http://www.bellanarts.org) then **Schedule an Xperience**.
- To redeem a **Groupon Deal**, send an email to [info@bellanarts.org](mailto:info@bellanarts.org) with your name, Groupon Certificate # and Barcode # (located at the bottom right side of the Groupon Certificate). Go to **Schedule an Xperience** online to set up your Bellan profile. Print and complete the **Application & Waiver** (located on the website) and bring it with a copy of your Groupon Certificate. Once your profile is complete, you will be notified via email when your Bellan Groupon account has been successfully setup.
- To assist Bellan in keeping the movement experiences you desire, please **make a habit of signing in**. This is our method of monitoring experience activity and attendance. Classes are subject to change and/or cancellation with less than 7 movers. Cancellations will be made at least 2 hours prior (except in the case of emergencies). If you are registered for an experience that has been cancelled, you will be notified via email if your experience has been cancelled. **Review the BMX Itinerary** regularly for changes.
- A "Pre-School" experience Tier Level is designed for movers ages 2-4; A "Youth" experience Tier Level is designed for movers ages 5-8; an "Apprentice" experience Tier Level is designed for movers ages 9-17; an "Open" experience Tier Level is designed for movers ages 18 and up. **Note: Tier Levels can be combined (i.e. Youth Ballet and Open Contemporary) at the recommendation of the Artistic Director.**
- Tier Level Indicators (i.e. Pre-School, Youth, Apprentice, and Open) are used as **design guides only**, and not viewed as absolute. A mover outside of any Tier Level may be admitted via invitation and/or recommendation by the Artistic Director.
- Appropriate movement attire and shoes are required for every experience. Inquire via email (preferred) for details.